

- ▶ Every woman has a story.
- ▶ Every man has a choice.
- ▶ You may never know what impact your choices make.
- ▶ But she will.



# “Dear Men”

## Video Discussion Guide – 2021

A new video commissioned by Southwest Pa Says No More sheds light on the importance of men taking a stand against domestic violence and sexual assault and reveals how their words and actions make a difference – and can change a life.

This discussion guide can serve as a resource to encourage support and deepen understanding of a serious issue affecting as many as one in three women.

SOUTHWEST PA SAYS

**NO MORE**

TOGETHER WE CAN END  
DOMESTIC VIOLENCE & SEXUAL ASSAULT

# Dear Men,

We know you care about the safety and health of family, friends, co-workers, and neighbors, as well as living in a safe community. Since we know that partner violence and sexual harassment and assault can affect anyone, and that it's not just a women's problem, men need to make choices to be a part of the solution to end the violence.

## The Father's Day Pledge has 2 primary messages –

1. To prevent partner violence and sexual assault we need to work together. It's not a women's problem – it is a problem for all of us.
2. Preventing domestic violence and sexual assault means becoming an active bystander - learning what to say and do when you encounter this behavior or signs that someone you know is being victimized.



# “Dear Men”

We created this **discussion guide as a companion to the video, Dear Men**, to inspire what we hope is meaningful exchange about how to take an active role to prevent and address sexual harassment and violence against women. Please watch the video. These are simply ideas that might prompt discussion and sharing about being a witness to the reality women experience everyday and to promote dialogue about how men can make a difference.

## ▶ What moments in the video seemed familiar to you, or spoke to you in a meaningful way?

What was your reaction?

What do you think you might say or do if you encountered a similar situation to those described in the letters?

## ▶ Were you able to identify with any of the people who wrote the letters? Did you “recognize” the men who they wrote about?

What have you said (or wish you had said) in similar situations you've encountered?

## ▶ Do you know that there are resources available for victims? Visit our resources page for information: <https://southwestpasaysnomore.org/help/>

## ▶ How can we model the kind of behavior we want our children to learn? How can we teach safe ways to speak up?

The Father's Day Pledge is one concrete step you can take today. Speaking up when you encounter harassment or abuse means living the pledge for us all.